The Sunday between 25 September and 1 October:

Proper 21 – Year B, Continuous

Psalm 124 Nisi quia Dominus

Praise of God's liberating power.



1,2 If the Lord himself had not been on our side,

now may | Israel | say:

if the Lord had not been on our side

when | enemies rose | up a | gainst us.

- Then would they have | swallowed us a | live:
 - when their | anger | burned a | gainst us.
- Then would the waters have overwhelmed us

and the torrent gone | over our | soul:

over our soul would have | swept the | raging | waters.

- 5 But blessed | be the | Lord:
 - who has not given us over to | be a | prey for their | teeth.
- 6 Our soul has escaped

as a bird from the | snare • of the | fowler:

the snare is | broken and | we are de | livered.

7 Our help is in the | name • of the | Lord:

who | has made | heaven and | earth.

[Glory to the Father and | to the | Son:

and | to the | Holy | Spirit.

As it was in the be | ginning • is | now:

and shall be for | ever. | A- | men.]

The Sunday between 25 September and 1 October:

Proper 21 – Year B, Paired

Psalm 19, vv 7-14

Cœli enarrant

The lights of the sky proclaim God's glory. The lights of God's love illumine the spirit.



- 7 The law of the Lord is perfect re | viving the | soul: the testimony of the Lord is sure
 - and gives | wisdom | to the | simple.
- 8 The statutes of the Lord are right and re | joice the | heart:
 - the commandment of the Lord is pure
 - and gives | light | to the | eyes.
- 9 The fear of the Lord is clean and en | dures for | ever: the judgements of the Lord are true and | righteous | alto | gether.
- More to be desired are they than gold more than | much fine | gold,

sweeter also than honey | dripping | from the | honeycomb.

- By them also is your | servant | taught:
 - and in keeping them | there is | great re | ward.
- Who can tell how often | they of | fend?
 - O cleanse me | from my | secret | faults!
- 13 Keep your servant also from presumptuous sins lest they get do | minion | over me:

so shall I be undefiled and | innocent of | great of | fence.

- Let the words of my mouth and the meditation of my heart
 - be acceptable | in your | sight
 - O Lord my | strength and | my re | deemer.

[Glory to the Father and | to the | Son:

and | to the | Holy | Spirit.

As it was in the be | ginning • is | now:

and shall be for | ever. | A- | men.]